

OUTDOOR PURSUITS 2017.

ESSENTIAL ITEMS:	PACKED? Y/N
Hiking Boots/Hiking Shoes	
Rucksack for overnight hike (not a school bag)	
Runners x 2 (one pair will get wet and muddy)	
Waterproof jacket and waterproof pants	
Sweaters/Jumpers (either woollen or fleece)	
Warm Leggings and Tracksuit pants (Denim is unsuitable)	
T-shirts (pack plenty)	
Warm socks (pack plenty)	
Warm hat and gloves	
Sleeping Bag and Pillow	
Towel and Toiletries	
Suncream/ Lip balm/ Sunglasses	
Black refuse sack	
Swim suit / Trunks	
Torch	
Shorts	
Optional: camera/small amount of money	

PLEASE NOTE: 'Hoodies' are not suitable for hiking as they get wet and retain water.

Students' mobile phones will be stored for safety and accessible for a limited time in the evenings.

PE Teachers travelling: Louise Tallon, Deirdre O'Brien, Patrick Collins.

Students' centres will be announced later.